## Biography

Gary T. Taylor, aka Trey is a Licensed Clinical Social Worker, Three-Time Published Author, Speaker and Facilitator, Assistant Professor and Deacon. He is from and resides in Caroline County, Virginia with his wife, daughter and son. He has twelve years of experience in the field of Mental Health and currently provides individual therapy to Black Men and Women. He also provides consulting to businesses and community agencies around racial equity initiatives and is an Assistant Professor in the Social Work Department at Virginia State University. He blends his clinical expertise with lived experience as a way to meet people, especially Black Men where they are, via a social and racial justice lens. Trey is also a podcaster, sneakerhead, car enthusiast and coffee lover!